



Bulletin

Sacred Heart Parish

Mass: 4:00 pm – Saturdays

Fr. John Yake, I. V. Dei

(902) 535-2053 – Fax: 535-3127

March 05, 2022

First Sunday of Lent

The **First Reading** is from Deuteronomy 26:4-10. In these verses we have the ritual prescribed by Moses for the feast of the harvest thanksgiving. The people once settled in the Promised Land are to show their gratitude to the good God who brought them out of the slavery of Egypt and gave them this good land to be their home..

The **Second Reading** is from St. Paul to the Romans 10:8-13. He is discussing the sad fact that Israel (as a whole) rejected Christ as the promised Messiah and the Son of God.

The **Gospel** is from St. Luke 5:1-11. Christ's voluntary self-mortification of forty days' fast, with its accompanying temptations, was but part of the self-mortification, with its climax on the Cross, which He gladly underwent for our salvation. He did not need to fast in order to keep the inclinations of the body in subjection, He did not need to allow the insult of temptation. He could have said, "begone Satan" at the beginning as easily and as effectively as he said it at the end. But He willingly underwent this humiliation in order to set us an example and to prove to us the infinite love He bears us and the value, the priceless value, He sets on our eternal salvation. He became like us in all things (except sin) in order to make it possible for us to become like Him—the beloved of his Father—and co-heirs with Him in the kingdom of heaven.

With this example given us by Christ no Christian can or should expect to travel the road to heaven without meeting obstacles and temptations. Our weak human nature is of itself, even without any external tempter, a source of many temptations to us, especially of those three illustrated in the case of Christ. Our body desires all the pleasures and comforts that can be got out of life and resents any curtailment of these desires even on the part of our Creator and Benefactor. Our gifts of intelligence and free-will often tempt most of us to look for power, political or economic, over our fellowmen. We want to be better off than others in this world, when our purpose in life is to help ourselves and our fellowmen to the better life. Finally, so fully occupied are many in the mad rush after pleasure and power that they have no time to devote to the one thing that matters, the attainment of eternal life.

Yet, through some foolish logic of our own, we expect God to do for us what we refuse to do for ourselves. We are tempting God by presuming he will save us if we have deliberately chosen the road to perdition.

There are few, if any, amongst us who can honestly say: "I am free from such inclinations or temptations." The vast majority of us can and should beat our breasts and say with the publican: "O God, be merciful to me a sinner." And merciful he will be if we turn to him with true humility. He may not remove all our temptations, all our wrong inclinations, but he will give us the grace to overcome them if we sincerely seek his aid.

—Excerpted from *The Sunday Readings* by Fr. Kevin O'Sullivan, O.F.M.

Collections:

Feb 26, 2022

Envelopes	\$125.00
Heat	\$100.00
Donation	\$40.00
	\$265.00

Notices:

1: Yoga with Lynn Doucette will start on Monday March 7th, and run for 4 weeks. Time: 1:30 pm – 3:00 pm. This will take place at the Parish Hall

2: Thank You: We the family of the later Donna Margaret Boudreau of Red Islands wish to thank all our family, friends and neighbours who helped out in anyway during our recent loss. Thank you for the stories and memories you shared. Sincerely the Boudreau family.

3: Yoga with Helen Slade will resume on Monday April 4th, from 10 – 11:30 am, at the Johnstown Parish Hall. Contact information will be in the Spring edition of Reflections of Richmond

4: Fr. Greg MacLeod Lecture Series - Bringing the University and Community together through Faith and Reason

Recognizing truths and balancing knowledges in the decolonization of education

Mi'kmaw elders: Dr. Albert Marshall and Dr. Marie Battiste will unpack the structures of Eurocentric colonialism in institutions and government structures

The Truth and Reconciliation Commission calls to action for reconciliation create the necessary decolonial Indigenization in education, churches, media, justice, and governments.

They will share their stories of struggle, change, activism and scholarly work aimed at alleviating institutional ignorance of Indigenous Peoples.

Dr. Albert Marshall is a Mi'kmaw Elder and knowledge holder from Eskasoni First Nation and one of the imaginative thinkers behind Two-eyed seeing – Etuaptunk, a theory and method for Indigenization and reconciliation.

Dr. Marie Battiste is a Mi'kmaw educator from the Potlotek First Nation and Aroostook Band of Micmacs in Maine. She holds degrees from Harvard, Stanford and University of Maine and is now a special advisor at CBU on decolonizing the Academy. Widely published author.

Wednesday, March 9th, 2022 7:30 pm on zoom

Join Zoom Meeting <https://zoom.us/j/98024605576> Meeting ID: 980 2460 5576

+1 587 328 1099 Canada Find your local number: <https://zoom.us/u/acwho8yZ9z>

Sponsored by: CBU Chaplaincy and the Newman Society

5: From the Office of the Bishop

February 25, 2022

My Dear Clergy and My Dear People,

In providing a COVID-19 update on Wednesday, Premier Tim Houston and Dr. Robert Strang, Chief Medical Officer of Health announced that there will be less restrictive measures effective Monday, February 28, 2022. The requirement for proof of vaccination to attend discretionary gatherings / events / activities ends. **This means that as of this date, all activities held by a faith organization will no longer require proof of vaccination.**

Phase two of reopening **will begin on March 7.** <https://novascotia.ca/reopening-plan/phase-two/>

We will need to continue wearing masks and maintain physical distancing but now faith gatherings indoor and outdoors may have **up to 75 % capacity**. Congregational singing is permitted with masks. Wearing a mask is required when performing except when musicians are singing or playing a wind instrument. Masks are recommended for choirs.

Weddings and funerals may be celebrated following the same protocols of 75% capacity including visitation and receptions with social distancing and masks. Congregational singing is permitted with masks. Masks are recommended for choirs.

On March 21, all current Public Health restrictions and mandates will end. This does not mean that the pandemic has ended. It will be important to use personal public health measures, both individually and collectively, to help keep each other safe, especially those who are at increased risk of severe disease due to age and/or underlying health issues.

<https://novascotia.ca/coronavirus/avoiding-infection/>

I support these directives and I instruct that our churches follow these provincial protocols.

Fraternally in Christ,

+ *Wayne Kirkpatrick*

Bishop Wayne Kirkpatrick