



**Sacred Heart Parish  
Bulletin**

**Mass: 9:30 am – Sunday  
Fr. John Yake, I. V. Dei  
(902) 535-2053 – Fax: 535-3127**

**July 09, 2023**

**Fourteenth Sunday in Ordinary Time**

**Mass at 2:00 pm on  
Sunday July 9<sup>th</sup>. The  
outdoor Mass at Our  
Lady of Guadalupe  
Shrine – Fr. Duncan  
MacIsaac will be  
presiding.**

The **First Reading** is taken from the *Book of the Prophet Zechariah 9:9-10* and indicates that the humility asked for by Jesus is the kind that he himself endured, for he came in meekness and without pageantry, yet his dominion would be to the ends of the earth. The example of the humble servant is the very person of Jesus himself who invites us in the second part of the gospel to come to Him for refreshment and rest. —*A Celebrant's Guide to the New Sacramentary — A Cycle* by Kevin W. Irwin

The **Second Reading** is from the *Letter of St. Paul to the Romans 8:9, 11-13* and contains one of the most important yet often misunderstood themes of St. Paul. The hellenistic dichotomy between the lower and higher nature is not found here, for flesh and spirit mean the whole man and the whole man stands in need of redemption by Christ. The Pauline teaching is not that part of man is redeemed and part of him is damnable. Rather man's whole personality is redeemed by the sacrifice of Christ. The vocation of the Christian, both "body" and "soul," is to conform his already redeemed person to the same Spirit he has already received at baptism. —*A Celebrant's Guide to the New Sacramentary — A Cycle* by Kevin W. Irwin

The **Gospel** is from *St. Matthew 11:25-30*. Pagans and Jews had the same hardships of life to face as we have, and even greater ones. They earned their daily bread with the sweat of brow and body. Their illnesses were more frequent and less bearable than ours, for they had not the medical helps that we have. Death came to young and old then as it does now, but for them it was a final parting from loved ones, and no hope of a future happy meeting served to lighten their sorrow. All their crosses were crushing weights, sent to make life more miserable. Life on earth was passed in gloom and darkness and there was no shining star in the heavens to beckon them on or give them hope.

Surely God is good to us, to put us into this world at this day and age, and give us the light of faith, and the knowledge of God and of His loving plans for us, which make the burdens of this life so relatively light and even so reasonable for us. We still have to earn our bread. We still have sickness and pains. We still have death stalking the earth, but unlike the people before Christ we now see a meaning to all these trials.

The yoke of Christ is not really a yoke but a bond of love, which joins us to Him, and through Him, to our loving Father in heaven. The rule of life which He asks us to keep, if we are loyal followers of His, is not a series of prohibitions and don'ts. It is rather a succession of sign-posts on the straight road to heaven, making our journey easier and safer. He does ask us to carry our cross daily, that is, to bear the burden of each day's duty, but once the cross is grasped firmly and lovingly it ceases to be a burden.

Ours is a world which is in an all-out search for new idols. It is a world which has left the path marked out by Christ, and forgotten or tried to forget, that man's life does not end with death. To be a Christian and to have the light of faith to guide our steps in this neo-pagan darkness, is surely a gift, and a blessing from God, for which we can never thank Him enough. Thank you, God, for this gift. Please give us the grace and the courage to live up to it and to die in the certainty that we shall hear, as we shut our eyes on the light of this world, the consoling words, "come you blessed of my Father, possess the kingdom prepared for you." —Excerpted from *The Sunday Readings* by Fr. Kevin O'Sullivan, O.F.M.

**Collection:**

July 02:

Envelopes	\$470.00
Loose	\$16.00
	\$486.00

## NOTICES:

**1: Support:** If you still want to continue supporting Sacred Heart Parish, through your envelopes or just a donation, we are now set up for e-transfer: Please e-transfer to [sacredheartjohnstown@gmail.com](mailto:sacredheartjohnstown@gmail.com). Please include your envelope number. If you do not currently have a church envelope, please include your civic address. Receipts will be issued.

**2: Good News:** Fr. Yake is planning on returning on Sunday July 16<sup>th</sup>. Welcome back Father, we send prayers that you will be feeling healthy enough to say Mass again.

**3: Market will be cancelled for Sunday July 9<sup>th</sup>; it will be returning on Sunday July 16<sup>th</sup>.**

**4: Strawberry Festival:** The Strawberry Festival is July 9<sup>th</sup>, and we will need bakers of biscuits, bonnach and oatcakes, and help with hulling the berries and workers serving the berries. If you can help, please call Louise at 902-535-3107 or email [lcampbell1@bellaliant.net](mailto:lcampbell1@bellaliant.net). We will be at the hall at 8:00 Sunday morning to hull the berries.

**5: Community Meeting with Richmond MLA:** On Tuesday July 18<sup>th</sup>, Trevor Boudreau, the MLA for Richmond, will be holding a community meeting. Time: 6:30 – 7:30 pm, at the Johnstown Parish Hall. All are welcome to come and discuss any issues with Trevor.

**6: Update on Fire/Hall Community Hall:** Happy to report that the Diocese has received the Deed and the Parish Council, Fire Department and the Diocese met this week. The next step is for the Fire Department to bring the Parish/Diocese a detailed plan of the land and building. We are moving forward with this project.

**7: World Day for Grandparents and the Elderly,** Sunday, July 23, 2023 Pope Francis inaugurated this World Day to be celebrated by the universal Church each July, either on or near the liturgical Memorial of Saints Joachim and Anne, grandparents of Jesus, to help “treasure the spiritual and human wealth that has been handed down from generation to generation.” This year’s theme is “His mercy is from age to age” (Lk 1:50), raising the relational interconnection between the old and the young.

**8: St. Anne Mission on Chapel Island** As part of the annual five-day St. Anne Mission on Chapel Island, the spiritual gathering of the Mi’kmaq people with Grand Chief Norman Sylliboy and the Mi’kmaq Grand Council, I will celebrate Mass on Sunday, July 30 at 2 p.m..

## 9: Summer Schedule

Tentative Schedule for summer events at the Johnstown Parish Hall: More information will be provided closer to the event.

- **Sunday July 30<sup>th</sup> – Pancake Breakfast – 10:00 am**
- **Sunday August 13<sup>th</sup> – Cemetery Mass – 9:30 am**
- **Sunday August 13<sup>th</sup> – Pancake Breakfast – 10:30 am**
- **Friday August 18<sup>th</sup> – 90<sup>th</sup> Annual Milling Frolic – 7:00 – 12:00 am – Music for square dance by Kenneth MacKenzie, Shelly Campbell and Mac Morin**
- **Sunday September 3<sup>rd</sup> – Pancake Breakfast – 10:00 am**