



## Bulletin

**Sacred Heart Parish**  
**Eucharist Schedule: Saturday 4:00**

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**February 06, 2021**  
**Fifth Sunday in Ordinary Time**

**Masks are  
mandatory in  
the Church**

### Sunday Readings:

The **first reading** is taken from the Book of Job 7:1-4, 6-7. The author cries out in his misery, speaks of life and death, cites his restlessness and life's struggle and notes that he will not see happiness again.

The **second reading** is from the First Letter of St. Paul to the Corinthians. In this section of his letter St. Paul is encouraging his Corinthian converts to be always ready to forgo their own rights when the edification or spiritual welfare of a neighbor is at stake.

The **Gospel** is from St. Mark 1:29-39. Surely the people of Capernaum saw enough that first day of Christ's public ministry among them to make them realize that this man from Nazareth who had come amongst them was no ordinary preacher, no ordinary rabbi, no ordinary man. They saw that he preached as one having authority; they saw that by a simple command he cast out demons and removed all bodily ailments. Yet though they were astonished and amazed at his power, their worldly outlook did not let them rise above their own small interests. Our Lord did not blame them or criticize them, he knew and fully understood their slowness of mind in regard to things spiritual, and he knew also that they would eventually give themselves wholeheartedly to his kingdom. While he was prepared to wait for the desired effects which his miracles and preaching would eventually have on them, he hastened the arrival of that day by praying to his heavenly Father to send the graces necessary for their conversion into their hearts.

When the four Apostles found him praying in a lonely place, they told him that all Capernaum was searching for him, but he knew why they were searching for him. They wanted to see more miracles and very likely they were hoping that he would stay on in Capernaum and the sick and the maimed from the whole of Galilee would be brought there for healing. This would increase their earthly business and prosperity. His answer to the Apostles, while not directly condemning this worldly outlook, shows that his mission had an entirely different objective. He had come on earth not to bring earthly prosperity to any town or country but to bring spiritual salvation and blessing on all people. That very morning he began to carry out his mission and for the remaining two years or more he went from town to town preaching the kingdom of God.

We Christians of today have many advantages over the people of Capernaum of that day. They saw Christ with their bodily eyes as a man of power amongst them; we see him with the eyes of faith as he really was and is — the Son of God who came on earth as man in order to make us sons of God. We know who he really was and we know the full meaning of his mission. We have seen that mission completed amongst us by his death on the cross and his resurrection. By his death he conquered death for us; by his resurrection he opened the gates of heaven for us and led the way there for all who will follow him.

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resurrection he opened the gates of heaven for us and led the way there for all who will follow him.

If I can say yes to these questions I am, thank God, on the right road. But if my answer is "no" then it is time I had another good look to see where I went off the road, and to find out that I can return to that right road once more. God is merciful; Christ is patient with followers who straggle and wander, but it could be fatal to postpone for too long our call to the God of mercy. It will be too late if we delay turning to our patient Christ until we are about to die. Stop straggling and wandering off the highway today and the patient Christ will welcome you and help you back. There may be no tomorrow for you, you have no guarantee of it.

— Excerpted from *The Sunday Readings* by Fr. Kevin O'Sullivan, O.F.M.

### Old Calendar: Sexagesima Sunday

On leaving the synagogue he entered the house of Simon and Andrew with James and John. Simon's mother-in-law lay sick with a fever. They immediately told him about her. He approached, grasped her hand, and helped her up. Then the fever left her and she waited on them (Mark 1:30-31).

### Collection:

**January 30<sup>th</sup>, 2021**

Envelopes	\$192.00
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## Notices:

### 1: Richmond County: February's Outdoor Challenge

During the month of February, the Recreation Department is challenging all residents to get outside and document it! Each hour spent active outdoors will earn you your ballot into a draw at the end of the month. Prizes.... YES! we have prizes for each category and they will range from outdoor recreation equipment to local business gift cards. You will see all categories on the form as well as where to send the completed form before March 5, 2021. See poster and form attached.

### 2: Some new pastoral directives from Bishop Kirkpatrick -

#### 1) Removing the word “one” from the ending of the Collect.

Following a request from the Congregation for Divine Worship and the Discipline of the Sacraments which was sent to the Bishops' Conferences of all English-speaking countries, the Canadian Conference of Catholic Bishops agreed to adjust the English-language wording to the conclusion of the Collect (the opening prayer) in the Roman Missal as approved for use in Canada. As of Ash Wednesday, 17 February 2021, the word “one” is to be omitted from the conclusion of the Collect, and likewise of similar prayers in the liturgy. Instead of ending “one God, for ever and ever”, the Collect will now end “God, for ever and ever”.

The presider at liturgical celebrations will simply omit the word where needed. The reason for this change is to avoid possible misunderstandings about the identity of the Son within the Blessed Trinity, or even the misconception that Our Lord Jesus Christ is “one God” among others.

#### 2) Ash Wednesday – Distribution of Ashes in Time of Pandemic

The CCCB General Secretariat received from the Congregation for Divine Worship and the Discipline of the Sacraments Note (N. 17/21) of 12 January 2021, concerning Ash Wednesday (17 February 2021) and the Distribution of Ashes in the Time of the Pandemic. In accordance with the Note from the Congregation, this year the ashes are to be imposed by sprinkling them on the head of the faithful. The rite of sprinkling ashes on the head of penitents is already a well-established and common practice in many countries across the world. The Priest says the prayer for blessing the ashes, he sprinkles the ashes with holy water, without saying anything, then he addresses all those present and only once says the formula as it appears in the Roman Missal, applying it to all in general: “Repent, and believe in the Gospel”, or “Remember that you are dust, and to dust you shall return.” The Priest then cleanses his hands, puts on a face mask and distributes the ashes to those who come to him. The Priest or Deacon takes the ashes and sprinkles them on the head of each one without saying anything.

**3. Blessing of Throats on the feast of St. Blaise, February 3** Instead of individual throat blessings the priests will extend his hands over the congregation without the crossed candles while imparting the prayer of blessing. This blessing would also be imparted to those who join livestream.

#### 4. Concerns about Holy Week Celebrations

It appears that we will continue celebrating Mass with existing restrictions. Currently we are limited to 50% of our indoor capacity up to a maximum of 100 people. Physical distancing is required unless the people are with members of their own household or social group. These rules may change before Holy Week, further clarifications may be announced as we approach Holy Week. We will not be able to retain the traditional practices this year and so we will need to adapt how we celebrate:

**Passion Sunday** - Palm branches could be distributed by someone with gloves, in this way no one is directly touching the branches as they are distributed.

**Chrism Mass** – In order to accommodate a large number of clergy socially distanced, the Mass of Chrism will be celebrated at 3 p.m. at the Cathedral. Given the present situation, no other gatherings are planned for that day apart from celebrating the Mass.

**Holy Thursday** - there will be no foot-washing.

**Good Friday** – Since there can be no contact with the Cross, the Veneration of the Cross will be by a simple but reverent bow. Genuflecting remains a possibility, as long as people do not need to touch anything that would then need to be sanitized.

**Easter** - There remains some doubt about the Rite of Sprinkling throughout the Church on Easter Sunday. The concern is for those cleaning and sanitizing the church. However, since we only have one Mass per parish this concerns churches that have a number of Masses in succession.