



Sacred Heart Parish Bulletin

**Mass: 9:00 am – Sunday
Fr. John Yake, I. V. Dei
(902) 535-2053**

April 06, 2025

Fifth Sunday of Lent

The **First Reading** is taken from the Book of the Prophet *Isaiah*, 43:16-21. Last week we heard of the conclusion of the exodus from Egypt; the first Passover celebration in the land of Canaan. This week we look forward to a new exodus that God promises through the prophet Isaiah. The new exodus promises to be far more wonderful than the first. God promises to restore His people after they have suffered in exile.

The **Second Reading** is from the *Letter of St. Paul to the Philippians*, 3:8-14, and is a warning to the Philippians about false teachers; Judaizers who would try to hang on to the old ways while at the same time claiming to be Christians. The Judaizers taught that in order to be a Christian, you first had to be a Jew: to be circumcised and to obey all 613 Old Covenant commandments. This question, whether or not Gentile converts to Christianity must first become full and legal Jews, prompted the Council of Jerusalem.

The **Gospel** is from *St. John*, 8:1-11 and is about the woman caught in adultery. "The two of them were left on their own, the wretched woman and Mercy. But the Lord, having smitten them with the dart of injustice, does not even deign to watch them go but turns his gaze away from them and once more writes on the ground with his finger. But when the woman was left alone and they had all gone, he lifted up his eyes to the woman. We have already heard the voice of justice; let us now hear the voice of gentleness. I think that woman was the more terrified when she heard the Lord say, 'Let him who

is without sin among you be the first to throw a stone at her,' . . . fearing now that she would be punished by him, in whom no sin could be found. But he, who had driven away her adversaries with the tongue of justice, now looking at her with the eyes of gentleness, asks her, 'Has no one condemned you?' She replies, 'No one, Lord.' And he says, 'Neither do I condemn you; I who perhaps you feared would punish you, because in me you have found no sin.' Lord, can it be that you favour sinners? Assuredly not. See what follows: 'Go and sin no more.' Therefore, the Lord also condemned sin, but not the woman' (St Augustine, *In Ioann. Evang.*, 33, 5-6). Jesus, who is the just One, does not condemn the woman; whereas these people are sinners, yet they pass sentence of death. God's infinite mercy should move us always to have compassion on those who commit sins, because we ourselves are sinners and in need of God's forgiveness.

—*The Navarre Bible*—St. John, Year C

NOTE: Easter Sunday Mass will be at 9:30 am

If you have a notice for the bulletin, you can email louisecampbel@gmail.com

If you would like to donate to the parish, but do not have an envelope you can e-transfer to sacredheartjohnstown@gmail.com. A receipt will be provided.

**Collection
March 30, 2025**

Envelopes	\$496.50
Heat	\$20.00
Donation	\$100.00
	\$616.50

Notices:

1: Johnstown Sewing/Handicraft Group This group meets every Thursday, at 1:00 pm. This is an informal group. Bring your own project and create with kindred spirits. A sewing machine is available, plus help, for anyone who wants to sew, quilt or knit. Everyone welcome. Location: District 10 Fire Hall, Red Islands. Last sewing day will be Thursday April 10th.

2: Breakfast - Wednesday, April 9 - 9:00 to 11:30 – District 10 Fire Hall in Red Islands All are welcome. Small donations are appreciated but certainly not necessary. **Menu:** French Toast, Bacon and Home fries. No need to reserve a spot, just show up. Gluten free options available.

3: Help Needed Fish Cake Supper: If you can come and help peel potatoes and make the fish cakes, we will be at the hall on Friday April 18th at 11:00 am. All help is welcome.

4: Fish Cake Supper - Friday April 18th, 4:30 pm Eat In or Take Out - Fish Cakes, Homemade Beans, Biscuits, Cost \$13.00, Johnstown Parish Hall. If you would like to donate a package of salted cod bits, or would like to order a meal please contact the following: Louise: 902-535-3107 Barbara: 902-828-2079 Rita: 902-631-0209 Edie: 902-322-6543 or email louisecampbel@gmail.com

5: Johnstown Landing Outdoor Farmer's Market: We are pleased to announce the fourth season of the Johnstown Landing Outdoor Farmer's Market. This year the Market will operate 10:00 am to 1 pm every SUNDAY from June 29 to September 7th. Interested vendors should call 902-631-0209. Note: vendors do not need to commit to attending every week. Johnstown Landing is located across from the Johnstown Parish Hall.

6: Chair Yoga 55+ Chair yoga is a great way for older adults to get the wonderful health benefits of yoga. It also makes yoga accessible to more people. Staying seated while doing yoga means that even frail seniors or those who aren't flexible can safely do the exercises. The benefits of chair yoga for older adults include loosening and stretching painful muscles, reducing chronic pain, decreasing stress, and improving circulation. It also reduces anxiety, helps lower blood pressure, protects joints, builds strength and balance. Instructor: Lynne Doucette **Red Islands Fire Hall, Red Islands Wednesdays, for 10 weeks, beginning April 9 1:00 pm - 2:15 pm, Fee: \$30**

7: Gentle Yoga 55+ For seniors who are looking for a safe, effective way to enhance their physical health and overall wellness, the stretching, breathing, and meditation practices of yoga can be a great solution. In fact, as you will see, doing yoga regularly can result in a host of benefits for older adults, from greater flexibility and improved balance to lower stress and better sleep. Instructor: Lynne Doucette **Red Islands Fridays, for 10 weeks, beginning April 11 10:30 am - 12:00 pm, Fee: \$30**

8: Easter Confession Schedule at Our Lady of Fatima, Sydney River

Saturday, April 12/25

10:00 Bill Burke
11:00 Doug Murphy
12:00 Fr. Alphonus
1:00 David Rankin
2:00 Bedford Doucette
3:00 Fr. Conrad Edwards

9: Holy Week Celebrations

Chrism Mass Monday, April 14, 2025, at 3:00 pm Celebrated at St. Ninian Cathedral

Note: Parishioners of all parishes are welcome to join all Holy Week celebrations. Following the instructions on the Sacred Triduum from the Clergy Days (November 2023), and with the bishop's permission that emphasized that the Sacred Triduum is one liturgy and should be celebrated in one parish church, the following schedule is close to the ideal.

This year the Sacred Triduum will be held at Holy Guardian Angels Church.

Thursday of the Lord's Supper (Holy Thursday)

Thursday, April 17, 2025 HGA 4:00 PM

Friday of the Passion of the Lord (Good Friday)

Friday, April 18, 2025 HGA 3:00 PM

Note:

Holy Mass is not permitted on Good Friday or Holy Saturday. The Good Friday service consists of three parts: The Liturgy of the Word with Intercessions, the Veneration of the Cross, and Holy Communion. There should be no physical contact with the Cross, but veneration may be expressed by a reverent bow or a genuflection.

The Resurrection of the Lord

At the Easter Vigil in the Holy Night
Saturday, April 19, 2025 HGA 8:00 PM

Easter Sunday Sunday, April 20, 2025

Sacred Heart 9:30 AM

St. Peters 11:00 AM