



## Sacred Heart Parish Bulletin

**Mass: 9:00 am – Sunday**  
**Fr. John Yake, I. V. Dei**  
**(902) 535-2053**

**July 20, 2025**

### Sixteenth Sunday in Ordinary Time

The **First Reading** is taken from the book of *Genesis, 18:1-10a*. For today's reading we join Abraham shortly after his name change. It was with Abram becoming Abraham, the father of all nations, at the making of the second covenant, that men and women began to rely upon God in faith and are changed by it. God promises Abraham that within the year his aged wife, Sarah, will have a son. Abraham's reaction is to laugh. Immediately following today's reading, Sarah laughs at the news (Gen 18:12). The child born was named Isaac, which means "laughter".

The **Second Reading** is from the letter of Paul to the *Colossians, 1:24-28*. Last week Paul used the occasion to answer the Judaizers and remind them of the absolute supremacy of Jesus Christ. Today Paul tells us his role in proclaiming the gospel. "Now I rejoice in my sufferings for your sake, and in my flesh I am filling up what is lacking in the afflictions of Christ on behalf of his body, which is the church."

The **Gospel** is from *St. Luke, 10:38-42* and recounts the familiar story of Martha and Mary. St Augustine comments on this scene as follows: "Martha, who was arranging and preparing the Lord's meal, was busy doing many things, whereas Mary preferred to find her meal in what the Lord was saying. In a way she deserted her sister, who was very busy, and sat herself down at Jesus' feet and just listened to his words. She was faithfully obeying what the Psalm said: 'Be still, and know that I am God' (Ps 46:10). Martha was getting annoyed, Mary was feasting; the former coping with many things, the latter concentrating on one. Both occupations were good" (*Sermon 103*).

Martha has come to be, as it were, the symbol of the active life, and Mary that of the contemplative life. However, for most Christians, called as they are to sanctify themselves in the middle of the world, action and contemplation cannot be regarded as two opposite ways of practicing the Christian faith: an active life forgetful of union with God is useless and barren; but an apparent life of prayer which shows no concern for apostolate and the sanctification of ordinary things also fails to please God. The key lies in being able to combine these two lives, without either harming the other. Close union between action and contemplation can be achieved in very different ways, depending on the specific vocation each person is given by God.

—Excerpted from *The Navarre Bible—St. Luke*

### Collection July 13, 2025

Envelopes	\$280.00
Loose	\$35.00
Cemetery Fund	\$90.00
	\$405.00

## Notices:

**1: Johnstown Landing Outdoor Farmer's Market:** The Market will operate 10:00 am to 1 pm every SUNDAY from June 29 to September 7th. Interested vendors should call 902-631-0209. Note: vendors do not need to commit to attending every week. Johnstown Landing is located across from the Johnstown Parish Hall.

### **2: Big Pond Concert !**

Sunday, July 20th | 2:00 PM | Big Pond

Join us for an unforgettable afternoon of Cape Breton music, dance, and community spirit at the Big Pond Concert!

Enjoy performances from some of the island's finest talents

**3: Cemetery Mass:** Sunday August 10<sup>th</sup> –9:00 am

**4: Pancake Breakfast:** Sunday August 10<sup>th</sup> – 10:00 am

Pancakes, Sausage, eggs, tea and coffee

Johnstown Parish Hall, 15290 Highway 4

\$12.00 per person

**5: Musique Royale 40th Summer Festival with the Halifax Rättvik Trio:**

Thursday August 14 at 7 pm

Sacred Heart Church:

**Halifax Rättvik Trio** Featuring Jennifer Publicover (flutes); Peter Rousu (guitar, bass), and Stefan Ekedahl (cello, flutes, bagpipes), the trio is a trans-Atlantic collaboration and exploration of folk genres between Canada and Sweden, as well as all the geographical points in between. Hear music from their new album Havet!

**6: Fifth World Day For Grandparents and the Elderly** This year's theme chosen by Pope Francis, 'Blessed are those who have not lost hope' (cf. Sir 14:2), fits into the context of the Jubilee of Hope, and invites us to recognize in the elderly not only recipients of pastoral attention, but witnesses of hope and active protagonists of ecclesial life. Their life and faith experience is a valuable heritage, capable of enriching new generations and strengthening the community fabric. To read the Message of Pope Leo XIV and learn more:

<https://www.laityfamilylife.va/content/laityfamilylife/en/eventi/2025/fifthworld-day-for-granparents-and-the-elderly.html>

Sunday, July 27, 2025 9:00 AM ♥For Grandparents and the Elderly

**7: Join us in celebrating the United Church of Canada's Centennial Anniversary**, Friday, August 1 st , 2025 from 1 pm to 4 pm at the Bonnie Brae Seniors Club, 14 Toulouse St., St. Peter's, NS Cost: Free. Drop in for live music by Jason MacDonald, games, refreshments, hot dogs, cake and historical milestones from the past century. Bring a friend, share a laugh, and be part of this joyful day. Whether you are a longtime member or new to the community, it is a chance to connect and celebrate together.

**8: Milling Frolic** – the 93<sup>rd</sup> Milling Frolic is only about a month away. Please remember that we are looking for donations for the Fancy Booth (crafts, sewing, knitting, etc), Bake Sale and Lunch

**9: Schedule of Events** that will take place at the Johnstown Parish Hall this summer: More information will be provided as the event get closer

Sunday August 10<sup>th</sup> – Cemetery Mass – 9:00 am

Sunday August 10<sup>th</sup> – Pancake Breakfast – 9:45 am

Friday August 22<sup>nd</sup> – 93<sup>rd</sup> Annual Milling Frolic and Square Dance: Music for the dance will be provide by Keith, Kyle and Colin MacDonald